SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: Practical Esthetic Lab

CODE NO.: EST 201 SEMESTER: 3

PROGRAM: Esthetician

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DATE: May 2008 **PREVIOUS OUTLINE DATED:** May 2007

APPROVED:

CHAIR DATE

TOTAL CREDITS: 6

PREREQUISITE(S): Semester I and II Courses

HOURS/WEEK: 4

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I. COURSE DESCRIPTION:

This course will introduce students to the application of gel sculptured nails, nail tips and overlays. Students are expected to complete one full set of gel nails. This course will also introduce students to hair removal with sugaring, and a basic introduction to reflexology. Various esthetic techniques taught in first and second semesters will be reviewed. These esthetic services include advanced facial treatments, spa pedicures, nail art, and eyelash and eyebrow tinting.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Demonstrate the professional image and professional conduct necessary for success in the esthetic practice.

Potential Elements of the Performance:

- Comply with the Policies and Procedures of the Esthetician's Diploma Program regarding dress code and appearance
- Comply with the Student Code of Conduct regarding behaviour
- Punctual and regular attendance to classes
- Accountability for your own academic and professional growth
- Apply appropriate sanitation, disinfection and sterilization procedures to ensure the health and safety of yourselves and others
- 2. Perform sugaring hair removal on various parts of the body.

Potential Elements of the Performance:

- Follow proper procedures of set up of work station with all the necessary products and supplies.
- Follow step by step sugaring technique to ensure a safe and effective hair removal treatment.
- Differentiate between sugaring and alternative methods of hair removal, their techniques, effectiveness, and benefits.
- Follow safe and effective sanitation and disinfection procedures after each sugaring treatment.
- Advise clients on post care of treated areas.

3. Apply sculpted gel nails, tips and overlays

Potential Elements of the Performance:

- Students must follow effective PREP techniques.
- Differentiate and apply sculpted nails and nail tips.
- Demonstrate appropriate use of Brisa products
- Demonstrate safe use of equipment
- Follow safe and hygienic practices in the application, maintenance and removal of gel nails and tips.
- Complete one full set of gel nails
- 4. Perform basic techniques in reflexology

Potential Elements of the Performance:

- Show an understanding of how reflexology works
- Describe the benefits
- Follow the basic step by step introductory procedure
- 5. Perform various esthetic treatments as a review, including skin care treatments and pedicures.

Potential Elements of the Performance:

- Follow step by step procedures for advanced facial treatments
- Demonstrate appropriate and safe use of all facial equipment
- Employ the appropriate NatureMed products for individual skin types including cleansers, toners, exfoliants, serums, masks moisturizers, and eye creams
- 6. Perform a pedicure within one hour

Potential Elements of the Performance:

- Complete a client assessment and consultation
- Follow step by step procedures for providing a professional pedicure service
- Perform a spa pedicure by incorporating exfoliation, paraffin and mask products
- Apply a perfect polish application

III. TOPICS:

- 1. Body Sugaring
- 2. Gel Nails, Tips and Overlays
- 3. Reflexology
- 4. Spa Pedicures
- 5. French Polish
- 6. Perfect Polish Applications
- 7. Nail Art
- 8. NatureMed Skin Care Products
- 9. Advanced Facial Treatments
- 10. AHA Facial Treatments
- 11. Eyebrow and Eyelash Tinting

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Texts/supplies from previous semesters. Handouts

V. EVALUATION PROCESS/GRADING SYSTEM:

Each student must complete a minimum of 52 hours of supervised skills practice and apply one full set of gel nails in order to receive a credit for this course.

During each class each student will complete the service announced for that day. This will be evaluated and logged by the instructor at the end of each class in order to properly assess your progress.

Weekly treatments will be assessed as Satisfactory or Unsatisfactory. Students demonstrating unsatisfactory treatments will be assigned mandatory remedial work.

Evaluation of all treatments will be progressive throughout the semester. Any student failing to demonstrate satisfactory treatments will be assigned an unsatisfactory grade of U as a final grade. U as a final grade will be a failing grade.

The following semester grades will be assigned to students in postsecondary courses:

Grade	<u>Definition</u>	Grade Point Equivalent
A+	90 – 100%	4.00
A B	80 – 89%	
С	70 – 79% 60 – 69%	3.00 2.00
D	50 – 59%	1.00
F (Fail)	49% and below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded	
	subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the	
NR W	requirements for a course. Grade not reported to Registrar's office. Student has withdrawn from the course without academic penalty.	

Note: For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

VI. SPECIAL NOTES:

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Special Needs office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Communication:

The College considers Web CT/LMS as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the Learning Management System communication tool.

Tuition Default

Students who have defaulted on the payment of tuition (tuition has not been paid in full, payments were not deferred or payment plan not honoured) as of June 1, 2008 will be removed from placement and clinical activities. This may result in loss of mandatory hours or incomplete course work. Sault College will not be responsible for incomplete hours or outcomes that are not achieved or any other academic requirement not met as a result of tuition default. Students are encouraged to communicate with Financial Services with regard to the status of their tuition prior to this deadline to ensure that their financial status does not interfere with academic progress.

Plagiarism:

Students should refer to the definition of "academic dishonesty" in the *Student Code of Conduct*. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

VIII. DIRECT CREDIT TRANSFERS:

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Chair's assistant. Students will be required to provide a transcript and course outline related to the course in question.